

"Fin'Amor e Paratge"
A pilgrimage tour in
the lands of the
Cathars, the Troubadours
and the Magdalene



sunday 8 - tuesday 17 September 2019

Concluding with a special 2 day workshop given by Jehanne de Quillan, author, and translator of « The Gospel of the Beloved Companion »

THE CATHARS

were part of a flowering of culture and elightenment ruthlesly exterminated by the Church of Rome in the 13th century. These 'Bon-chrétiens' were healers, mystics, itinerant preachers, and welcome in homes, farms, and Chateaux alike.

Little remains to be seen of their times, but walking in their footsteps we explore, evoke and share in their shining vision and faith.

Including some half day country walks on the 'Sentier Cathar', a choice of 'Cathar Castles': Peyrepertuse, Queribus, Puilaurans and Roquefixade. Visits to Bugarach, Montsegur and Puivert, and to Rennes-le-Château for a Magdalene meditation with the piano of **David Bailey**.

With time for sharing, meditations, talks, hot springs and healings. Your guide: **Kris Misselbrook**



Staying in 'Le Jardin de la Sals' Sougraine

Cost: 1360 € in shared room

Including transports from/to Carcassonne and to all sites, entries, hotels, all evening meals, some lunches, all presentations, workshop and Troubadour Concert.

Single supplement 160 €.

THE TEACHINGS OF THE BELOVED COMPANION:

SIMPLE PRINCIPLES FROM AN ENLIGHTENED LIFE

This workshop provides an in-depth examination of the teachings and philosophy contained in the *Gospel of the Beloved Companion*, their historical interpretation by the Tradition that has preserved this extraordinary document, and their relevance as a foundation for a dynamic spiritual practice that can be utilised in today's modern world, a powerful



practice that has lead its practitioners to a profound understanding of what is meant by Unitive Consciousness or the "Kingdom of God".

Pretz e Paratge
The history, philosophy
and art of the
Troubadours with
Rai d'Honoré PhD

including a concert from La Rosa Trobadoresca

Book extra days before or after the tour, in Sougraine, Toulouse or Carcassonne.

The 3 days of the Gospel of the Beloved Companion and the Troubadours can be taken on their own.

- ask for details....

Limited to 20 pilgrims - book early!

Association Les Bonshommes

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for full programme: krism.steve@gmail.com lesbonshommes.com